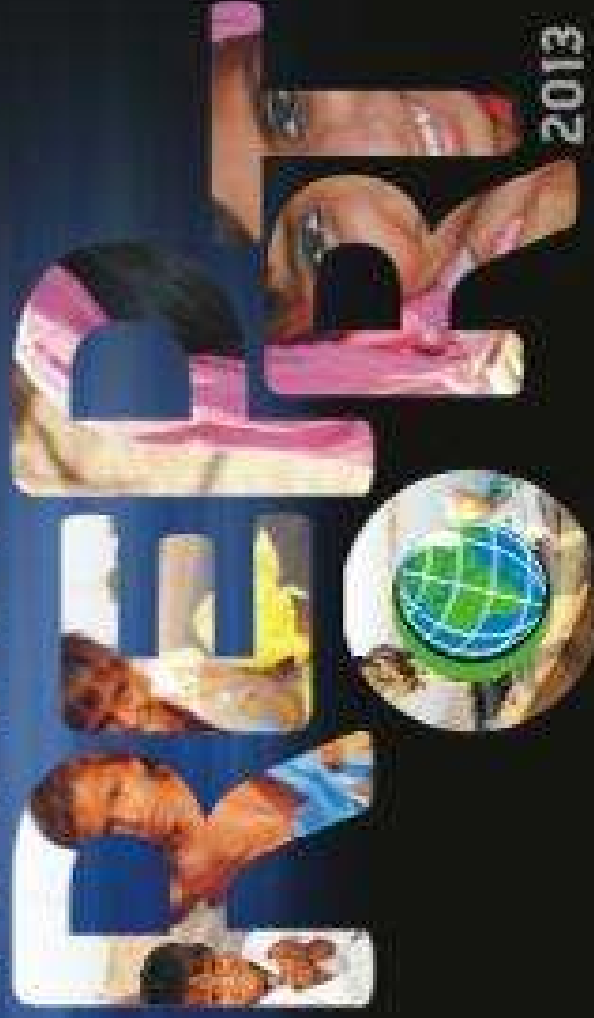


A n n u a l



2013

RAHMA
Islamic Relief



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Message from the Chairman

2013 was the "Year of Hope" for RAHAM team; hope to reach out to more people in need; hope to empower more communities through our healthcare centers, schools, water projects and vocational training centers and hope to aware more people and encourage them to adopt healthy lifestyles, educate their kids boys and girls alike. As you will see in this report, many of our plans have resulted in a positive social change in the lives of thousands of people. However, the struggle is not over. There are many more milestones to achieve and RAHMA will strive to perform even better in the years to come Insha Allah.



The monsoon season in 2013 caused disastrous floods in southern Punjab. However, RAHMA team in district Rahim Yar Khan was vigilant enough and saved lives through a rescue mission alongside Rescue 1122. Later we also provided healthcare services to the displaced people to help fight water-borne diseases that are common after the floods.

In AIK, 2013 witnessed intense shelling and firing across the Line of Control, causing thousands to flee to safer areas. RAHMA team in district Kotli provided cooked food to 500 households displaced from Nakyal sector. Our health center provided round-the-clock emergency healthcare by running a night shift for these IDPs. RAHMA Vocational Training Center at Gulpur Refugee Camp (Kotli) enrolled its 5th batch of girls and also engaged some of its students in practical work as per Sustainability Plan. For this reason, it was shifted to a more spacious building.

Basic healthcare, which is our major area of work, experienced a new dimension with the construction of hospital buildings in Khurratta (AIK) and Junpoor (Rahim Yar Khan). These hospitals exhibit the trust that community puts into our work, as both of the hospitals have been built on pieces of land donated by the local community. Another piece of land has been donated by the community for construction of RAHMA Basic Health Center at Phagwarh Mohra village on Nakyal Road, and efforts are continuing to construct this health center as soon as possible.

We expressed our commitment for the street children in urban slums of Rawalpindi by establishing another campus of the SBM School outside their community, where these kids can mix up with children from well-off families and have a positive impact on their personalities. Regular Quran classes were started for children and their parents in the evening, for their spiritual and moral growth.

Our work has made a huge difference to the ordinary people like Zaib-un-Nisa who lives in Gulpur Refugee Camp and learnt tailoring at RAHMA Vocational Training Center and now earns through dress-making to support her disabled father and her family. Our iftaar-us-Saim and Qurbani projects provided assistance to thousands of needy people. During 2013 we have also completed some water and sanitation projects in AIK and in southern Punjab. Likewise there are thousands of other success stories of great help offered by RAHMA.

All this would not have been possible without generous support of our donors and the guidance and help that we get from our volunteers and the communities involved. I feel obliged to our brothers and sisters at RAHMA Islamic Relief Fund, Norway, whose generous donations made it possible for us to reach out to so many people. I would also thank our individual donors in Pakistan and in other parts of the world for their generous contributions. Also, my special thanks are due to our Trustees who always provided timely guidance and support. My special thanks are also due to our team members.

Enjoy reading!

Muhammad Saghir Qamar

Chairman

RAHMA Islamic Relief, Pakistan



VISION

To be a dynamic organization working towards creation of a just and caring society.

MISSION

To improve the life quality of vulnerable people through sustainable development and ensure timely humanitarian assistance in need.

Registered on August 31, 2009 as a non-profit, non-governmental organization under The Trust Act 1882; RAHMA Islamic Relief has been working in the disaster relief, healthcare, education, economic empowerment, social protection and the WASH areas. RAHMA started as an informal group of volunteers working to help the destitute poor since 2004 and their commitment has taken the shape of a team of professionals striving to achieve this goal in an organized manner.

RAHMA Islamic Relief is inspired by the Islamic principles of charity and helping living beings in need, regardless of ethnic background, gender, religion, age or political orientation. Presently RAHMA is working in Pakistan in the form of 3 permanent offices and an overall human resource of 69 full-time employees including 6 core staff member, 49 project staff members and 14 support staff. **The number of registered volunteers is above 400 and still counting.**

Team

Board of Trustees

Mr. Muhammad Saghir Qamar Chairman

Mr. Nisar Ahmad Vice Chairman

Mr. Umar Hayat Khan Finance Secretary

Mr. Afzaal Ahmad General Secretary

Mr. Shahid Mahmood Member

Ms. Momina Khan Member

Ms. Somyiya Akram Member

Core Team

Mr. Zulqarnain Ansari Sr. Programme Manager

Mr. Waqar Anjum Project Development Officer

Mr. Umair Majeed Programme Officer

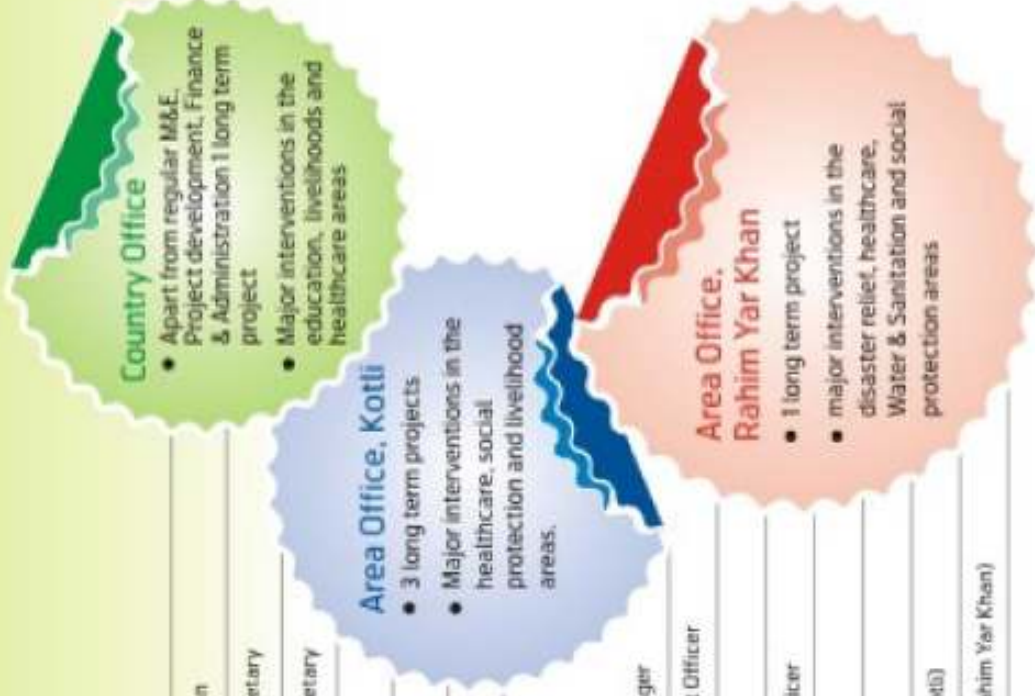
Mr. Waseem Ahmad Incharge Finance Officer

Mr. Sohaib Arif Finance Officer

Mr. Muhammad Yunas Admin Officer

Mr. Asadullah Area Coordinator (Kotli)

Mr. Abdur Rahim Area Coordinator (Rahim Yar Khan)



2013 in Focus

People benefitted	84,534
Funds spent on relief and development	73.3 million PKR
Areas of intervention	District Kotli (AJK) District Rawalpindi (Punjab) District Rahim Yar Khan (Punjab)

During 2013, basic healthcare was the most focused area of RAHMA's interventions, as it consumed 79% of project funds. Highest percentage of beneficiaries was also from healthcare sector i.e. 63.7%, followed by 21% beneficiaries from emergency relief projects. In terms of geographic area, AJK received 58% of project funds, Punjab received 41% and Khyber-Pakhtunkhwa received 1% of project funds. In terms of project beneficiaries, 69% belonged to Punjab, 30% to AJK and 1% to Khyber-Pakhtunkhwa. Therefore cost per beneficiary remained highest in AJK (PKR 1687) while in Punjab it was PKR 516 and in Khyber-Pakhtunkhwa it was PKR 943. Sector-wise cost per beneficiary was highest for livelihood projects i.e. PKR 10,123 per beneficiary and lowest for WASH projects, i.e. PKR 125 per beneficiary. For healthcare projects, it was PKR 1083 per beneficiary and PKR 5748 per beneficiary for education projects.

Sector-wise project expenses



Expenses w.r.t Geographic Area



Striving to improve basic healthcare

53,360 individuals benefitted

PKR 57.8 Million allocated for health interventions

Healthcare projects carried out in rural areas of District Kotli (AJK) and District Rahim Yar Khan (Punjab)

78.9% of total project expenditure

Primary healthcare has been RAHMA's core area of work since the establishment of its first basic health center in Khuratta town in 2010, which is still functioning and has gradually been transformed into a model sustainable health center. Over the years, RAHMA has gained expertise in basic health, emergency healthcare, maternal and child health and health-related awareness raising, outreach and capacity-building. Presently, the construction of RAHMA's hospitals in Khuratta (AJK) and Junpoor (District Rahim Yar Khan) is in final phase and with the start of these hospitals, RAHMA will venture into more advanced healthcare for greater benefit to the community.



Model Sustainable Rural Primary Healthcare Project Khuiratta AJK

RAHMA's first Basic Health Center was established with the help of the community at Khuiratta - a small town in district Kotli. Gradually, this health center was transformed into a model healthcare project. In 2012, the project was selected for funding under USAID's Small Grants Programme. This funding continued during 2013 and the project continued to provide basic healthcare, emergency health and basic maternal and child health services as well as outreach and capacity-building to the local communities in Union Council Khuiratta and neighboring UC Seri.

Project Impact in 2013

Annual OPD and Lab tests	5,648
Beneficiaries of Medical Camps	1,733
Beneficiaries of School Health Screening Camps	606
Pre and Post-natal Care provided	443 pregnant women
Village Health Committees formed	32
General outreach	320 people reached
Total Beneficiaries	8,750

During 2013, the project not only provided basic healthcare services but also provided MCH services to 443 pregnant women and emergency treatment to 20 patients including 10 road accident cases. 6 Free Medical Camps and 7 School Health Screening Camps were organized within a distance of 25 KM from the health center. The project also expanded its outreach by completing formation of 32 Village Health Committees (16 for women and 16 for men) and conducting capacity-building trainings for VHC Managers.

Support for Zaheer and his family

Muhammad Zaheer belongs to a small village named Choki in UC Seri. He has no children and he lives in a small house with his wife. He had a normal life prior to paralysis attack, which drastically changed his life and he became a disabled man. He could not move his body at first and stayed at home, lying on his bed. However, he has improved and now he can walk.

Prior to paralysis attack, Zaheer worked as mason in cities and earned a living. However, now he cannot work and his wife works as a maid to make ends meet. She is a brave and hard-working woman and determined to be with her husband all her life. Due to poor economic conditions, Zaheer had to ask his brothers to help him buy medicines worth 2000 rupees each month.

This was a hard time for Zaheer and his wife, since they had to ask for money every time they needed medicines. However, as soon as her wife came to know about RAHMA Basic Health Center at Khuiratta, she brought Zaheer here. After proper assessment, Zaheer was issued a "Sahulat Card" and now he gets most of his medicines free of cost from RAHMA Basic Health Center.

"I am very thankful to RAHMA for issuing me a Sahulat Card. We were so helpless that we had lost all hopes, but now I am getting a good treatment here and I am hoping to live a normal life again."



Construction of New Block RAHMA Health Center Khairatta AJK

During RAHMA's experience in the healthcare sector since 2010 in Khairatta (AJK), the need for adding more facilities and services has been emphasized by the local community. Especially, the need for establishing wards for serious patients and an X-ray unit has been greatly emphasized. These needs are also emphasized by the fact that there are 3 professional doctors and sufficient number of experienced paramedics available at RBHC, Khairatta. Hence it was decided that a modern and bigger health center will be constructed.

Presently the health center building in having final touches and soon it will be functional. The health center will have an improved Laboratory, X-ray room, Male and Female Wards, Labor Room and a spacious Admin & Finance Department. A spacious parking and a hall for meetings or events will also be available in the new building. It will cost approximately 13 million rupees. Land has been donated by the community for this hospital.



Rural Primary Healthcare Project Dhanwan Kotli

Rural Primary Healthcare Project was launched in 2012 in a rural and far flung area of district Kotli with support from NORAD the Norwegian aid agency. Under this project a modern Basic Health Center was established at Kotti-Nakyal Road in UC Dhanwan, which is accessible to people of UC Dhanwan and surrounding area. Apart from the health center, the project involved a number of social mobilization and outreach activities including medical camps, health screening camps, training for traditional birth attendants and formation of Village Health Committees.

Project Impact in 2013

Annual OPD	5,210
Emergency cases treated	30 including 20 road accident cases
Pre and Post-natal care provided	40 pregnant women
Beneficiaries of Free Medical Camps	1,174
Beneficiaries of School Health Screening Camps	255
Village Health Committees formed	20
General outreach	200
Total Beneficiaries	6,909

These VHCs helped identify poor households for issuance of 209 "Sahulat Cards" through a participatory assessment process. Family members of these 209 Sahulat Card holders can avail free healthcare services at the health center.

During 2013, five Free Medical Camps were organized for far flung villages in the target areas, which benefited a total of 1,174 people, including 75% female patients. Another 3 Health Screening Camps were also organized in selected schools.

The Basic Health Center at Dhanwan served as the nearest health facility apart from the THQ Hospital, Nakyal for the people displaced due to recent cross-border shelling at the Line of Control. The staff of this health center carried out night shift and served more than 50 injured persons during this emergency.



Case Study of Shumaila Afzal

Living with her parents and three siblings in a small house in village Panag Sharif, UC Qamrooti, 15 year old Shumaila is a confident and active student of the 10th grade. Her father works overseas as a Laborer and his income is barely enough to make ends meet.

Shumaila was suffering from a excruciating pain in the abdomen since long and she was also very weak and pale. She had visited several local doctors and hospital, but all in vain. She could not afford going to a major city for treatment. After visit RBHC Dhanwan and getting regular treatment and counselling, she is now completely normal. She regularly visits RBHC Dhanwan for routine checkups from Lady Doctor Like thousands other women.

"We live in this remote, mountainous village and for us, this health centre of RAHMA is no less than a blessing. I am so inspired from the Lady Doctor who relieved me from my sufferings and I also want to become a doctor like her."

Improving Basic Healthcare in Flood Affected Areas

Tehsil Liaquatpur in district Rahim Yar Khan has been severely affected by monsoon floods in River Indus, especially in 2010 due to its plain area and canal irrigation system. As it is flood-prone agricultural area with rural population, the health profile of this Tehsil is very poor, especially due to water-borne diseases. RAHMA has not only worked on emergency relief projects in the aftermath of the devastating floods of 2010, 2011 and 2012, but also launched a project on basic healthcare in collaboration with the PRSP by improving healthcare services at BHU Dera Faridi in UC Ikhok Gulab Shah. The project was initially launched for one year in 2012, and later RAHMA extended the project for another year.



During 2013, the project continued to provide improved basic healthcare services at BHU Dera Faridi. Annual OPD figures at the BHU remained 29,085 including 939 laboratory tests. Under the project's MNCH component, 830 pregnant women were identified and facilitated in pre and post-natal care. 18 Village Health Committees have been formed under the project and 3,780 people have been reached through different awareness-raising activities.



Project Impact in 2013

Annual OPD	29,085
Beneficiaries of Medical/Screening Camps	4006
VHCs formed	18
Prenatal and postnatal checkups to pregnant women	830
Total Beneficiaries	33,921



More than 4,000 people were provided free medical checkups and basic medicines at Free Medical Camps, which were conducted in far flung villages in the flood-prone area and also in some villages in Cholistan desert with the support of a local NGO named Al-Sadiq Desert Welfare Organization. Conducting medical camps in Cholistan desert was a difficult task owing to extreme temperatures and hectic traveling. The local people of the desert were very thankful as no other NGO had provided such services to them. Medical camps were also conducted in the flood-affected villages immediately after the monsoon, which greatly minimized the risk of water-borne diseases.



Construction of RAHMA Hospital at Junpoor

A dream turn in to a reality...

Working since 2010 in Tehsil Liaquatpur, RAHMA team greatly felt the need of a modern hospital near the flood-prone area in Liaquatpur. Hence with the help of local community and donors, construction of this hospital started in 2013 at Junpoor town. The hospital will provide quality healthcare services including ambulance, immunization, Labor Room and Gynecological services and modern diagnostic services to the community. The hospital

is located near the main KLP Road hence it can provide lifesaving support in case of road accidents.

The hospital construction is in final phase and it will be completed by March 2014 with an approximate cost of 30 Million Rupees. It will serve an estimated population of around 1 million people. Land has been donated by the community for this hospital.



Promoting Education for Sustainable Development

199 individuals benefitted in 2013

PKR 1.1 Million allocated for primary education and adult literacy interventions

Slum Education project carried out in urban slums of Rawalpindi city (Punjab)

1.6% of total project expenditure

Poverty and lack of education are inter-connected. With a literacy rate of 54 %; Pakistan still has a long way to go in order to achieve education-specific MDGs 2015. RAHMA's SBM School is a small effort towards spreading education for a better future among the most vulnerable societies.



Shahzada Begum Memorial School Project

Urban slums are home to thousands of gypsies who make a living through begging, prostitution and crime. They do not educate their children an obvious reason behind the circle of poverty in which, they remain trapped generation after generation.

Started in 2011 as a small makeshift school, SBM School is an innovative project of RAHMA in partnership with SBM Trust. At SBM School, children enjoy an interactive environment with occasional excursion trips and different extra-curricular events. Currently there are 47 students enrolled in Nursery, Prep, Grade-I and Grade-II.

In fact, this project is focused on the entire slum community, as it strives to

bring about a positive socio-economic change in them. For instance, an Adult Literacy Programme is being conducted for the parents in the evening in which currently there are 10 women enrolled. Also, a special session on "Quran and Islamic Teachings" is conducted for kids and their parents, which has a considerable effect on the moral and spiritual well-being of the community. Currently there are 42 students in this course.

Recently the school has opened another campus in nearby settled area, where each class will comprise of street children together with children from the native population, which will provide the underprivileged children an integrated and interactive learning environment.



Meet Anum Mushtaq

Anum Mushtaq is a 16 years old girl living in the slum area of Ratta Amrai in Rawalpindi city. She lives in her one room hut with her parents and 3 younger brothers. She grew up begging on the streets with her parents. Begging is considered a legitimate profession in her society. While begging on the roads, Anum would look at children going to school in neat uniforms with tears in her eyes. She also wanted to go to school so that she won't have to beg to anyone.

In 2011, RAHMA opened SBM School for street children and the slum community. Anum was very excited and she supported the project as volunteer convincing parents to send their kids to school and stop using them for begging or child labor. In mid-2012, when the school started Adult Literacy classes, she immediately took admission and also convinced many other women to take admission. Thanks to Anum, the social structure of this community is changing. Peoples' priorities are changing and education is becoming a felt need for child grooming. Anum's parents are still begging, but her younger brothers are studying at SBM School.

"Going to school was a dream for me since my childhood. I am so thankful that RAHMA has opened this school for poor people like us. My life is totally changed now and all this wouldn't have been possible without RAHMA."



Employable Skills

141 individuals benefitted in 2013

PKR 1.4 Million allocated for livelihood development project for Kashmiris refugees

Vocational Training project carried out in Gulpur Refugee Camp (District Kottli, AJK)

1.9% of total project expenditure

RAHMA Islamic Relief believes that developing employable skills is the most efficient way of reducing poverty.

Vocational Training Center Gulpur

Gulpur Refugee Camp in district Kottli is home to around 500 households. Most of the refugees living in this camp migrated from Indian Held Kashmir in early 1990s, leaving their property, businesses, assets and even their loved ones behind. Since then, they have been striving to rebuild everything. Few have succeeded and most of them are still living from hand to mouth.

RAHMA Islamic Relief started a vocational training project in September 2012 for refugee women and girls in Gulpur Refugee Camp in order to empower these poor women with the skills to support their household income and earn respect and recognition from their families. Many of the students are physically impaired, orphans, widows or belong to extremely poor households, but now they are living a better life. The vocational training course is absolutely free and students are provided everything, including training material free of cost. Exceptionally talented students or those belonging to very poor households are also gifted with sewing machines, which help them kick-start their own enterprise.

During 2013, 141 women have learned the skills to start their own tailoring business and earn a respectable income at their homes. In May 2013; RAHMA carried out a survey of the first two batches of 60 students who were trained. The survey revealed that on average, each student was contributing Rs. 1443 per month to their household income, which though a small amount, was a good start.



Tanzeela is an 18 years old girl living with her mother and 5 siblings at Gulpur Refugee Camp in AJK. Her family migrated from Indian Held Kashmir in 1992. She lives in a single-room mud house which speaks of her family's extreme poverty. There is no door in her house, no kitchen, no wash-room and no electricity connection. Her mother works as a maid in the houses of some of the town's well-off families in order to earn a living. Many a times when she is ill, the family has nothing to eat.

Tanzeela got admission in the 3rd batch at VTC Gulpur and after completing her 3 months' extensive course, she is now contributing to her household income. She has many dreams of a prosperous future and a happy family and to educate her younger siblings, so they can achieve in life, what she couldn't. **RAHMA's livelihood project has helped many poor girls like her getting closer to their dreams.**

"This center is not only an institute but also our hope for a better future. Without this centre, our lives would have never changed."



Timely Help Ensured

18,288 individuals benefitted in 2013

1,830 animals rescued from flood water in district Rahim Yar Khan

PKR 5 Million spent on rescue operation and relief projects in AJK and southern Punjab

Average Cost Per Beneficiary: PKR 275

Rescue operation in flood-hit areas of Tehsil Liaquatpur in southern Punjab

Emergency relief for IDPs from Nakyal sector in district Kotli (AJK)

6.9% of total project expenditure

RAHMA team, along with Rescue 1122 teams carried out a massive rescue operation in flood-affected areas of Tehsil Liaquatpur, District Rahim Yar Khan providing life-saving support to more than 18 thousand people and 1800 animals trapped in floodwaters.

RAHMA teams present in district Kotli provided emergency relief in the form of cooked food and emergency healthcare to more than 350 families displaced from their villages near the LoC due to cross-border shelling between armed forces of Pakistan and India.



Monsoon Flood Emergency 2013

According to NDMA, more than 1.4 million people were affected; 827,000 acres of crops and more than 45,000 houses were destroyed by the monsoon floods in 2013. Southern Punjab including district Rahim Yar Khan and northern Sindh were the worst affected areas. Tehsil Liaquatpur, where RAHMA's Area Office is located was also badly affected, with several breaches in the Flood Protection Walls and vast areas inundated. More than 40,000 people were affected in Tehsil Liaquatpur; 4802 houses were inundated in three UCs.

RAHMA carried out an immediate rescue and relief operation in collaboration with the district authorities and Rescue 1122. Many employees of our Area Office in District Kotli, several hundred miles away joined the rescue operation as volunteer. RAHMA not only rescued thousands of people and animals trapped in floodwater, but also provided first aid, clean drinking water and emergency healthcare to them. 17 medical camps were organized in different flood-affected areas. These efforts greatly minimized the risk of any endemic or water-borne disease. These efforts were augmented by the generous donation of Water Purifiers by Qarshi Foundation, which were provided to 2,352 households.



Emergency Relief for IDPs

Nakyal sector in district Kotli is a border area near the Line of Control the controversial boundary between AJK and Indian Held Kashmir. The residents of villages near the LoC are living in fear. There has been severe exchange of fire between Pakistani security forces and Indian BSF, resulting in large-scale civilian casualties and destruction of property. From mid-August 2013 to mid-September severe shelling and indiscriminate firing from Indian border posts created life-threatening situation in this area. Several people were killed, dozens were injured and property was destroyed. Around 350 families were forced to flee to safer areas and 200 of them were accommodated at Nakyal town by the district administration in a temporary IDP camp.

RAHMA is probably the only NGO having presence in this far flung area with RAHMA Basic Health Center providing healthcare services to residents of Phagwarh Mohra, Dhanwan, Choki and other surrounding villages since June 2012. RAHMA responded to this emergency situation and helped these displaced people in several ways.

- RAHMA Basic Health Center at Phagwarh Mohra, which is located at 12 KM from the LoC, remained open round the clock from 27 August to 13 September and 53 injured patients from villages near the LoC were treated.
- RAHMA handed over different surgical items to Medical Superintendent of THQ Hospital at Nakyal. This ensured life-saving support to 50 injured people.
- RAHMA also provided monthly food packages to 150 households in coordination with the Tehsil administration.



Social Protection

8,867 individuals benefitted in 2013

PKR 7.3 Million allocated for social protection and seasonal support projects.

Average Cost Per Beneficiary: PKR 820

Distribution of Qurbani meat, Ramadan food packages among poor refugees and flood-affected people.

9.9 % of total project expenditure

RAHMA carries out seasonal projects aimed at social protection to the vulnerable communities on Islamic events of Eid-ul-Azha and Ramadan in order to provide social protection to the most vulnerable communities such as refugees, IDPs, flood-affected people, widows, orphans and destitute poor. These projects are carried out on a "zero administrative cost", i.e. 100% of the funds available for the project are spent on purchase and transportation of the food items and the project is executed by RAHMA staff as volunteers.

Qurbani Project (1434 Hj)

Eid-ul-Azha is an event characterized by sharing and caring for those who are needy and destitute poor. This is the rationale behind the Qurbani Project that RAHMA carries out with its own resources and with the donations of individual supporters across the world to help poor Muslims. In 2013, Qurbani Project (Pakistan) was carried out in two different locations and for two distinct vulnerable communities:

Kashmiris refugees and destitute poor in district Kotli (AJK)	45 cows and 66 goats sacrificed	704 households (4998
Afghan refugees and destitute poor in Khyber-Pakhtunkhwa	10 cows sacrificed	60 households (560 individuals) benefitted
Total	55 cows and 66 goats sacrificed	784 households (5,558 individuals) benefitted

The project was funded by RAHMA Islamic Relief fund, Norway.

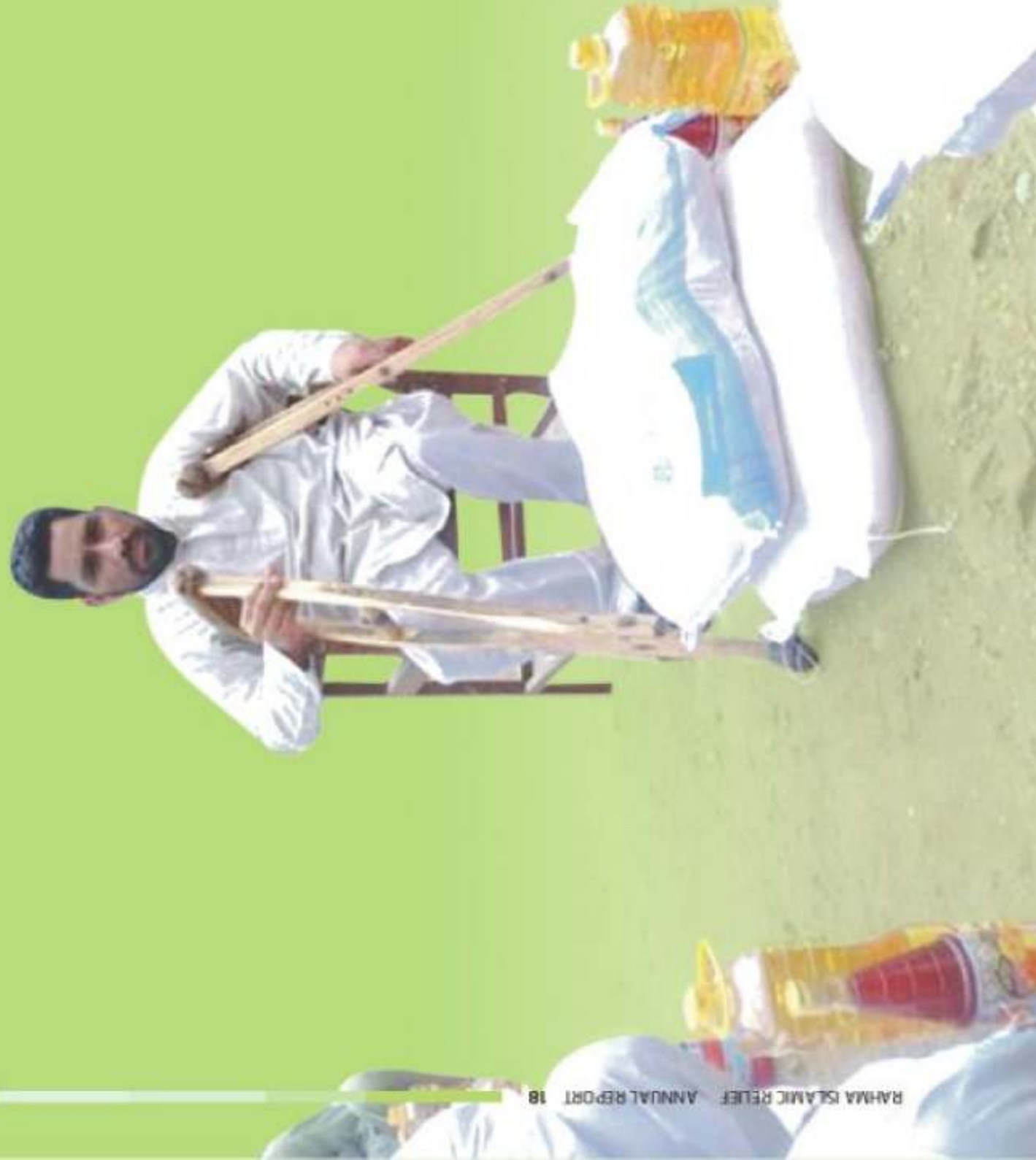


Iftar-us-Saaim Project

Iftar-us-Saaim Project combines RAHMA's commitment to serve the underprivileged persons and our inspiration from the Islamic principles of charity, kindness and generosity. Muslims all over the world fast during the holy month of Ramadan.

Iftar-us-Saaim Project 2013 (1434 H) was carried out for Kashmiris refugees living in Gulpur Refugee Camps and general poor across district Kotli (AJK). Raw food items in the form of complete food packages were distributed at Gulpur, Khuiratta and Dhanwan villages among the targeted beneficiaries. Each food package comprised of wheat flour, gram flour, cooking oil, rice, pulses, dates, sugar, spices, black tea and Rooth Afza. Each package was sufficient for one month for a family of seven members.

In total 400 poor families (2,800 individuals)
Were benefited from this project.



Access to safe drinking water

2,919 individuals benefitted in 2013

PKR 0.36 Million allocated for WASH projects in flood-affected areas of southern Punjab, urban slums of Rawalpindi and rural areas of district Kotli

Average Cost Per Beneficiary: PKR 125

Installation of 9 hand-pumps completed in Tehsil Liaquatpur

Distribution of Hygiene Kits among students of the slum school in urban Rawalpindi

Installation of 3 hand pumps in rural areas of district Kotli in AIK

0.5% of total project expenditure



Use of contaminated water and poor hygiene practices are the major reasons behind spread of water-borne diseases in Pakistan. Therefore RAHMA Pakistan is committed to improve access to safe drinking water and improved sanitation for the most vulnerable communities across Pakistan. In 2013, RAHMA installed 9 hand-pumps in flood-affected areas of Tehsil Liaquatpur in close coordination with the target communities. RAHMA also distributed hygiene kits among children living in urban slums of Rawalpindi. In order to sensitize them on the importance of a hygienic and healthy lifestyle.

Installation of hand-pumps in rural areas

Around the world, 783 Million people are without access to safe drinking water, with a large proportion of them in South Asia. Talking about Pakistan, only 65% of the population is considered to have access to safe drinking water.

Tehsil Liaquatpur is one of the four Tehsil of district Rahim Yar Khan, which has been affected badly from monsoon flooding each year. The stagnant flood water renders surface water unsafe for human consumption. Hand pumps are one of the most reliable sources of clean drinking water in such circumstances. In order to minimize the problems of access to clean drinking water, RAHMA in collaboration with READ Foundation and Yardameli Turkey initiated a project, in which nine hand-pumps were installed in different flood-affected villages in close coordination with the local authorities and the community. The project will directly benefit 540 households, 3 masjid and four schools in these villages.



Distribution of Hygiene Kits

About 2.5 billion people worldwide lack basic sanitation such as latrines. Sanitation coverage is lowest in sub-Saharan Africa and South Asia, where 70 per cent and 59 per cent of people, respectively, do not have access to improved sanitation. The problem of water and sanitation is severe in Pakistan's urban slums where there is no physical infrastructure in this regard and also the slum-dwellers are not educated and sensitized enough to adopt hygienic lifestyle.

In order to improve awareness among children living in an urban slum in Rawalpindi's Ratta Amral area, RAHMA distributed 100 Hygiene Kits among students of the SBM School. RAHMA has also installed a hand-pump for this slum community. The activity was funded by Al-Mustafa International and Penny Appeal. The hygiene kits provided these poor students basic amenities for personal hygiene, such as tooth paste and tooth brush etc.



Humanitarian Aid Abroad

9070 individuals benefitted in 2013

PKR 14.16 Million allocated for relief projects and vocational training center for Rohingya refugees

Emergency Relief Project for conflict-affected refugees and IDPs of Burma

Qurbani meat distribution among conflict-affected

refugees and IDPs from Burma's Arakan State

Establishment of Technical & Vocational Training Center at Chittagong for Rohingya youth

Being a humanitarian organization inspired by Islamic values, RAHMA believes in giving a helping hand to people affected by natural or man-made disasters. RAHMA provided technical assistance during relief projects aimed at helping Rohingya refugees from Myanmar's Arakan state and Central Burma in 2013 through disaster relief, Qurbani and vocational training project. These projects were implemented by a local partner and RAHMA provided financial & technical assistance and monitoring support.

Emergency Relief for conflict-affected people of Central Burma

In the first quarter of 2013, a wave of anti-Muslim violence started after a quarrel at a jeweller's shop in central Burma. Consequently, armed mobs killed many Muslims and burnt down their properties, homes and businesses. Thousands of Muslims living in central Burma were displaced and most of them took refuge in the western state of Arakan (or Rakhine) bordering Bangladesh. Under these circumstances, many of the IDPs were malnourished and vulnerable to disease.

RAHMA Islamic Relief therefore decided to provide emergency relief to the affected people with the help of local partner organization. An assessment of the target population of IDPs was carried out and 330 most deserving households were issued tokens with the help of local activists and volunteers. Food packages were provided to these selected households in a peaceful and respectable manner. Each food package comprised of rice, pulses, cooking oil, iodized salt, chilly or tamarind, mixed spices, sugar, milk powder and black tea and this was sufficient for one month for an average household of 7 members.



Qurbani Meat Distribution for Burmese IDPs

In 2013, RAHMA not only carried out Qurbani project for refugees, IDPs and flood-affected people in Pakistan, but also for conflict-affected IDPs and refugees from Arakan state of Burma.

Arakan or Rakhine is the western state in Myanmar (previously known as Burma), bordering Bangladesh. Muslims are in minority in this state, and most of them belong to the Rohingya tribe. These Rohingyas have been victims of sectarian violence for decades. A wave of sectarian violence in early 2013 left a large number of Rohingya families homeless, as many of their homes were burnt down and they had to leave for safer places, including neighbouring Bangladesh.

Like 2012, RAHMA carried out Qurbani project for these conflict-affected people in 2013 and fresh Qurbani meat was provided to 896 households (6280 men, women and children). This not only provided them fresh meat, but also helped them reduce malnutrition. The project was completed with the help of local NGO named Fayazee Welfare Organization.



Technical and Vocational Training Centre for Rohingya youth

The Rohingyas are one of the most vulnerable people in term of facing ethnic discrimination since decades. As a result many of them have migrated to others countries, especially Bangladesh and Malaysia. In Bangladesh, there are around 30,000 Rohingyas in official camps while the number of Rohingyas living outside camps is 200,000 according to government figures. With limited economic opportunities and negligible attention from the international community, the Rohingya population in Bangladesh is facing severe economic problems. As literacy rate is very low among Rohingya refugees, hence they have negligible opportunities for desk jobs or skilled workforce.

In order to improve economic conditions of poor Rohingyas, RAHMA established a Technical & Vocational Training Centre at Chittagong near their concentrated population. In this regard, a local NGO named Fayazee Welfare Foundation is the implementing partner. The project is funded by RAHMA Islamic Relief Fund, Norway.

The project is in its inception phase and first batch of 40 male students has been enrolled. The project will directly benefit 480 young men and women (320 male and 160 female), aged between 15 and 35 years in a time span of two years. Boys will be skilled in refrigeration and electrician while girls will be skilled in dress-making. Basic literacy and numeracy and Quran will also be taught to all students.



Building a strong human resource staff and volunteers

Expanding our volunteer base

RAHMA strongly believes in the spirit of volunteerism. Firstly, its staff members are always willing to work voluntarily in emergency relief projects. For example, in recent floods, several team members including doctors and paramedics from district Kotli in AJK went all the way to Tehsil Liaquatpur in southern Punjab and rescued hundreds of people trapped in floodwaters. Secondly, RAHMA always encourages people to offer their volunteer services for humanitarian projects, especially in area that are affected by disasters.

In 2013 RAHMA started formal registration of its volunteers through Volunteer Registration Forms, which are also available on its official website. As a result, RAHMA's volunteers grew to 500 individuals across Pakistan. More than 100 volunteers offered their services during the recent rescue operation in flood-affected area of Tehsil Liaquatpur. These volunteers were gathered at a point and given a brief orientation about RAHMA and the rescue and relief work that they were going to do. Thanks to these volunteers, the project achieved more than expected, saving thousands of lives and rescuing thousands of cattle-heads. (See Page No. 16)

Capacity building of staff

RAHMA always encourages and facilitates its staff members to acquire professional skills that will help them perform their job efficiently. During 2012; many staff members of RAHMA attended training workshops relevant to their work. Most of these trainings were facilitated under Assessment and Strengthening Program of USAID. These trainings helped build capacity of the staff in improving their performance.



Our commitment towards a sustainable environment

RAHMA Islamic Relief believes in incorporating measures for environmental sustainability in its relief and development programmes. This is done in a proactive manner through proper planning and through sensitizing our target communities towards their environment and its preservation. RAHMA takes into consideration environmental sustainability in its entire programme at their planning and execution stages.

At RAHMA Country Office and all of our Area Office, we are promoting the concept of green offices by encouraging a paperless work environment minimizing the use of paper and by promoting the 3R (Reduce, Reuse and Recycle).

Hospital waste is an extremely hazardous and infectious form of waste. Its reuse or improper disposal can result in spread of infections. Hence its safe disposal according to standards set out by the WHO and Pakistan Environmental Protection Agency is very important. Therefore RAHMA has built incinerators at its 2 health centers in district Kotli. All staff members were provided training on hospital waste management.

Each year, RAHMA carries out Qurbani project, which results in creation of huge quantities of organic waste. RAHMA team disposes off this waste in proper manner by burying them deep into ground so that they do not create any odor or cause any infection.

Our health projects have an awareness-raising component, which emphasizes the importance of clean environment through School Health Clubs and related activities. On July 3rd, 2013 a "Safai Mohim" (Cleanliness Campaign) was carried out by students of one of RAHMA's Health Clubs in Khairatta town, which helped raise awareness regarding the importance of clean environment.



Annual Excellence Award Ceremony

RAHMA believes in teamwork and a strong sense of ownership and responsibility. Rewarding employees for their effort is a norm at RAHMA. The Annual Excellence Award Ceremony was an effort towards this. In 2013, Annual Excellence Award Ceremony was held at Rawlakot city in AJK. Appreciation certificates and shields were distributed among the best performers. It was also an occasion on which, entire staff and some noted volunteers of RAHMA had a memorable time spent together. Mr. Malik Munir Ahmad, who is the precursor of RAHMA's humanitarian work, also came all the way from Norway to participate in this event. The event was also joined by members of the BOT, including Mr. Afzaal Ahmad and Ms. Momina Khan.



Flag Raising

During 2013, RAHMA introduced its flag first time in the history of the organization. Flag-raising ceremonies were organized at all the centers and project sites. Mr. Malik Munir Ahmad, raised the flag during these ceremonies held in UC Dhanwan, Khairatta, Gulpur, Liaquatpur and Rawalpindi.



Workshop on Ethics of Emergency Health care

A one day workshop was organized for the entire staff of Area Office Kotli and Country Office in Kottli city. The workshop covered important topics such as:

- Concept of charity in Islam by renowned Islamic scholar Dr. Riaz Ahmad
- Workplace Ethics by Mr. Zuqarnain Ansari Senior Programme Manager
- Emergency First Aid by Dr. Gul Nawaz



- How to handle emergency medical cases / proper use of ambulance by Dr. Pervez Akhtar Awan
- Basics of photography for NGOs by Mr. Waqar Khattak Project Development Officer



Free Medical Camp at Rawalpindi

Prof. Maqsood Abdali is a leading orthopedic surgeon in the United Kingdom and expert in knee, hip, shoulder and ankle joints. He is trained to the highest level as a hip surgeon performing Total Hip Replacement and Hip Resurfacing in young people, who develop arthritis due to fracture or some developmental problem in the hip joints.

On 25th of October 2013, Dr. Maqsood Abdali visited RAHMA Office for a free specialized medical camp organized by RAHMA in order to exploit his visit to Pakistan. During this camp, Dr. Maqsood checked up several patients,



who were having acute orthopedic problems. After the visit of RAHMA office, Dr. Maqsood Abdali was given a memorable reception and a dinner from RAHMA in which journalists also participated. During this formal gathering, Dr. Maqsood Abdali informed journalists regarding his latest achievements in the world of orthopedics and new developments. He also discussed current situation of medical colleges and admission system in Pakistan.



Donor Conference

In order to strengthen RAHMA's local linkages in Tehsil Liaquatpur and raise donations for health centre, a Donor Conference was organized at Taj Hotel, KLP Road in Liaquatpur city on 4th May 2013. The conference was attended by RAHMA's founder Mr. Malik Munir Ahmad, Mr. Saghir Qamar, senior staff members and more than 100 local notables and philanthropists.

More than 6 million rupees were pledged by donors for this health center during the conference. The participants were also taken to the construction site where a detail plan of civil work was shared and Mr. Malik Munir Ahmad laid the foundation stone of the health center.



Participation in Expo 2013

Islamabad Expo 2013 was organized in Jinnah Convention Center Islamabad by Women Chamber of Commerce and Industries, Islamabad in April 2013. RAHMA participated in the Expo with zeal and fervor. RAHMA booked a stall in this expo where different material related to the organization's work was put on display, including reports, photo albums, calendars and annual reports. Visitors took keen interest in RAHMA's stall and appreciated the relief and development projects that RAHMA is carrying out across Pakistan. The stall remained open on 13th and 14th April 2013. Students from our SBM School were also taken on a visit to the Expo and they had a great time on this trip.

RAHMA also organized an Urdu "Mushaira" with collaboration of Human Appeal to honor Urdu's most famous poets Mr. Khalid Masood and Mr. Anwar Masood. The title of the mushaira was "Muskurahaton Bhari Shaam Anwar Masood aur Khalid Masood Ke Naam" (an evening full of smiles). A large number of visitors participated in the Mushaira and appreciated this event. The crowd was amused by Mr. Anwar Masood and Mr. Khalid Masood.



Major Collaborations during 2013



Stop TB Partnership



Rahma Islamic Relief Balance sheet as at June 30, 2013

	Note	2013 (Rupees)	2012 (Rupees)
Fund account			
Un-restricted funds:			
- Reserve fund	4	32,936,183	19,038,246
Restricted funds			
- Against projects		14,055,960	-
- Against capital expenditure		17,387,349	-
		<u>31,443,309</u>	<u>-</u>
		64,379,493	19,038,246
Current liabilities			
Accrued and other liabilities	5	1,138,674	2,096,302
Contingencies and commitments	6	-	-
Property and assets		<u>65,518,167</u>	<u>21,134,548</u>
Non-current assets			
Property and equipments	7	16,275,577	4,012,406
Long term investment	8	1,500,000	1,500,000
Current assets			
Loan and advances	9	5,336,455	934,918
Account receivable	10	132,792	-
Deposits and prepayments	11	438,000	365,000
Short term investment	11	31,000,000	9,500,000
Cash and bank balances	12	30,835,343	4,822,224
		<u>47,742,590</u>	<u>15,622,142</u>
		<u>65,518,167</u>	<u>21,134,548</u>

The annexed notes 1-18 form an integral part of these accounts.

Rahma Islamic Relief Revenue and expenditure account For the year ended June 30, 2013

	Note	2013 (Rupees)	2012 (Rupees)
Revenue	13	4,333,651	4,050,558
Less: Expenditures			
Program activities	14	42,850,785	18,336,056
General and administrative	15	3,229,694	2,125,541
		<u>46,080,479</u>	<u>20,461,598</u>
		(41,746,828)	(16,411,040)
Excess of (expenditure over revenue) from operating activities			
Revenue from non-operating activities	16	52,071,431	13,974,955
Grants	17	1,173,334	467,706
Other income		53,244,765	14,442,661
		<u>11,497,937</u>	<u>(1,968,379)</u>
Excess of revenue over expenditure/(expenditure over revenue) carried forward to the fund account			

The annexed notes 1-18 form an integral part of these accounts.

Figures for 2013 are for twelve months i.e., From July 01, 2012 to June 30, 2013 against the comparative figures for the period of six months i.e., From January 01, 2012 June 30, 2012.



Auditors' Report to the Trustees

We have audited the annexed balance sheet of the **Rahma Islamic Relief** as at June 30, 2013 and the related revenue and expenditure account and cash flow statement together with the notes forming part thereof (here-in-after referred to as the financial statements) for the year then ended.

It is the responsibility of the trustees to establish and maintain a system of internal control, and prepare and present the financial statements in conformity with the approved accounting standards as applicable in Pakistan. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted our audit in accordance with generally accepted auditing standards. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting policies used and significant estimates made by management, as well as evaluating the overall presentation of the financial statements. We believe that our audit provides a reasonable basis for our opinion, and we report that

In our opinion the financial statements present fairly in all material respects the financial position of the **Rahma Islamic Relief** as at June 30, 2013 and excess of revenue over expenditure, its cash flow for the year then ended in accordance with the approved accounting standards as applicable in Pakistan.

Place: Islamabad

Dated: 26th June 2014 19/ 6/ 14



Rafiqat Mansha Mohsin Dossani Masoom & Co.
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ACRONYMS

AKK	Azad Jammu and Kashmir
BHU	Basic Health Unit
BoT	Board of Trustees
BISF	Border Security Force
FATA	Federally Administered Tribal Area
IDPs	Internally Displaced Persons
HH	Households
KLP Road	Karachi-Lahore-Peshawar Road
KP	Khyber-Pakhtunkhwa
LoC	Line of Control
MNCH	Maternal (Neonatal) and Child Healthcare
MDGs	Millennium Development Goals
MORAD	Norwegian Agency for Development Cooperation
OPD	Out Patient Department
PRSP	Punjab Rural Support Programme
RIRF	RAHMA Islamic Relief Fund
RBHC	RAHMA Basic Health Center
SBM Trust /School	Shahzada Bequm Memorial Trust / School
THQ	Tehsil Head Quarter
UC	Union Council
USAID	United States Agency for International Development
VHC	Village Health Committee
VTC	Vocational Training Center
WASH	Water, Sanitation and Hygiene
WHO	World Health Organization



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